

General Rules

If a team does not have the minimum number of players, the opposing team will play down to match available players. Also, if a team has zero substitutes, the referee will implement a 3-minute water break midway through each half. Please keep in mind this is a recreational league.

- Referees will perform a coin flip to determine which team gets the first possession.
- Referees will call each team to midfield prior to starting the game to check for shin guards, jewelry, and cleats
 - Players must wear shin guards; no exceptions and socks must be covering the shin guards.
 - No earrings or necklaces are permitted.
 - Soccer (plastic cleats) are highly recommended, but not required. No metal spikes allowed.
 - Baseball-type cleats can be worn, but the front (toe) cleats must be cut to off.
 - Players must wear their club jersey/shirt for all games.
 - Players can wear shirts, jackets, etc. underneath their jerseys in inclement weather.
- Goalies must wear a goalie jersey or shirt that is clearly a different color than other jerseys.
- Kickoff – the game starts with the ball placed at midfield.
 - All players, except the player taking the kickoff, must be in their own half of the field of play.
 - The ball must be stationary on the center mark.
 - The referee gives a signal to start play by blowing their whistle.
 - The ball is in play when it is kicked and clearly moves in any direction.
 - The kicker cannot touch the ball again until it has been touched by another player.
 - The opposing team must stay out of the center circle and not move toward the ball until the ball is kicked.
- Throw-ins must be 2-handed, go straight back over the player’s head with both feet on the ground until the ball is released.
- Players are not allowed to throw the ball directly into the goal.
- Second chances are given for incorrect throws up through U10 division.
- Game balls will be provided in the equipment bag at the field or by the home coach.
- First aid kits are available at the concession stand and/or with coaches’ bags.
- In all Recreational divisions of play, sliding tackles are NOT allowed. A sliding tackle is to be defined as an intentional sliding play with an opposing player within playing distance. Players are to be allowed to slide to play the ball in all other situations.
 - If the attacking player retains possession, the referee can decide to allow play to continue or to stop play and restart with an indirect free kick. If play is allowed to continue the appropriate warning or caution is to be enforced at the next stoppage.
- Substitutions: Unlimited substitutions will be allowed with the permission of the referee in the following situations:

Goals Scored	Throw-ins	Goal Kicks	Injuries	Halftime
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- Pass Back to Goalie: A ball played back to a goalie intentionally by the defending team may not be handled with hands by the goalie. (Foul-Indirect Free Kick from the spot the ball is touched. If the ball is touched within the goal area, the ball will be placed on the top of the goal area directly parallel to the spot of the foul.)
- Heading is **NOT** allowed in any CCL division. Results in an indirect free kick from the spot of the foul.

- Handball
 - Not every contact of the ball with the hand/arm is an offense. A player's hand/arm position should be judged in relation to their body movement in that situation.
 - Removal from the accidental attacking handball offense of the references to a 'team-mate' and 'creating a goal-scoring opportunity'
- Goal Kick: When the whole of the ball passes over the goal-line outside the goal posts either in the air or on the ground when last touched by the attacking team. The ball may be kicked from any spot within the goal area. The kicker shall not replay the ball until it is touched by another player. The ball is considered in play when it is kicked and moves. In U12, the team not taking the goal kick must remain outside the penalty area until the ball is in play. The blue line or build-out line will be used in U10 division.
- Off-side: A player is in an off-side position if he is nearer to his opponents' goal line than the ball unless:
 - The player is on their own half of the field.
 - The player is not nearer to the opponents' goal line than at least two opponents. (Goalie and Defender)
 - The player is behind the ball either dribbling it themselves or behind a teammate that has the ball.
- A player shall be declared off-side if at the moment the ball is played to them by a teammate and:
 - The player is in an off-side position.
- A player shall not be declared off-side merely because the player is in an off-side position or if the player receives a ball directly from a goal-kick, corner kick, or throw-in. The off-side penalty results in an "Indirect Free Kick." at the spot of the off-side player.
- The blue line or build-out line will be used in U10 division as the offside line.

Tenderfoot Division - Alliance, Minerva, Southeast

- Teams play 5v5 NO goalkeeper
- Size 3 Soccer Ball
- Play is (4) 8-minute quarters with a 5-minute halftime
- If the regular coach cannot make the game, please ask another parent to fill in.
- Please take every opportunity to teach the kids and increase their love of soccer.
- HAVE FUN.... ITS TENDERFOOT!!

U8 Division - Alliance, Minerva, Southeast

- CCL teams are for developmental players looking to learn and improve upon the fundamentals of soccer and their skills.
- A player who plays for another travel/club/competitive team within any club is ineligible to participate on a CCL team.
- Players can only play for 1 team/1 division during the season.
- Teams play 6 v 6 including goalkeeper
- Size 3 Soccer Ball
- Play is (4) 12-minute quarters with a 5-minute halftime

- Teams will change ends only at halftime.
- Substitutions may be made on a throw-in, goal kick, any re-start, kick-off or any break in play. The referee should acknowledge and allow the substitution.
- Score is kept by the referee during games
- Coaches are not permitted on the field during play, but can instruct players from the sidelines
- Referees will call all hard body contact and kicking even if unintentional
- If a team is short players, both coaches will decide whether to play with fewer players or give the team missing players additional players from the opposite team.
- No offsides in this division
- No headers are permitted; headers will result in an indirect free kick to the other team
- **No punting allowed in this division**
- Regular season: 3 points for a win, 1 point for a draw and 0 points for losing team
- Tournaments are played in this division
- Subs report to midline wait for ref to call on to field no subbing on the fly.
- Regular season games can end in a tie. No tiebreaker during the regular season.

U8 Division - Louisville

- Teams play 5 v 5 (this includes the goalkeeper)
- The score is kept during games by the referee
- A size 4 soccer ball is used
- Play is (2) 20-minute halves – (5) minute break at halftime
- No coaches or parents are permitted behind the goals or at the ends of the fields during play
- No coaches are permitted on the field during gameplay. Coaches are to remain on the sideline where their team bench is located and cannot cross the midline to the opposing team's half
- All laws including throw-ins are enforced (second chances are given for incorrect throws)
- Referees will call all hard body contact and kicking even if unintentional
- Teams must pass the ball at kickoff. No shooting directly at the goal on a kickoff is permitted.
- Change of kick-off and direction occurs at halftime
- If a team is short of players, both coaches will decide whether to play with fewer players or give the team missing players additional players from the opposite team.
- Substitutions can only be made during a stoppage, no substitutions on the fly are permitted.
- No headers are permitted; headers will result in an indirect free kick to the other team
- No slide tackling will be permitted. An indirect free-kick will be awarded to the other team unless in the goal box, and then PK will be awarded.
- The goalie cannot handle the ball when it is received from a teammate as an intentional pass back to the goalie by kicking the ball or via a throw-in. The offense is punished with an indirect kick.
- If a goalie has control of the ball the opposing team needs to stop attempting to shoot on goal.
- If the score is at a five-goal difference, the trailing team will add a player if available. If not available, the winning team will remove a player. This advantage will stop once the score is under 5 goal difference.

- **Running up the score is not allowed.** Anything over 5 goals is looked at as excessive.
- Tournaments are played in this division and will be held in the final week of the season.
- Yelling/arguing with any ref will NOT be permitted at any time (as stipulated in the LSC Code of Conduct). Remember, many of the refs are learning as well.
- Practices are typically once or twice a week
- **COACHES ARE EXPECTED TO BE RESPONSIBLE FOR THEIR TEAM'S PARENTS' CONDUCT!**
- **PARENTS SHOULD BE SEATED OPPOSITE THE FIELD FROM THEIR RESPECTIVE TEAM DURING GAMES.**
- **PARENTS AGREE TO ABIDE BY THE 24-HOUR RULE FOR CONTACTING COACHES AFTER A GAME**

U10 Division - CCL - Alliance, Louisville, Minerva, Southeast

- CCL teams are for developmental players looking to learn and improve upon the fundamentals of soccer and their skills.
- A player who plays for another travel/club/competitive team within any club is ineligible to participate on a CCL team.
- Players can only play for 1 team/1 division during the season.
- Teams play 7 v 7 including the goalkeeper
- Games will be played in Alliance, Louisville, Minerva & Southeast
- The score is kept by the referee during games
- Coaches are not permitted on the field during play but can instruct players from the sidelines
- A size 4 soccer ball is used
- Play is (2) two 25-minute halves – (5) a five-minute break at halftime
- All laws including throw-ins are enforced (second chances are given for incorrect throws)
- Referees will call all hard body contact and kicking even if unintentional
- If a team is short players, both coaches will decide whether to play with fewer players or give the team missing players additional players from the opposite team.
- No headers are permitted; headers will result in an indirect free kick to the other team
- Regular season: 3 points for a win, 1 point for a draw, and 0 points for losing team
- Tournaments are played in this division, alternating between locations.
- Subs report to the midline and wait for the ref to call onto the field no subbing on the fly
- No slide tackling will be permitted. An indirect free kick will be awarded to the other team unless in the 18-yard box, then PK will be awarded.
- The blue line or build-out line will be used in this division. The blue line will also act as the offside line.
- **No punting allowed in this division**
- If the score is at a five-goal difference trailing team will add a player if available. If not available, the winning team will remove a player. This advantage will stop once the score is under 5 goal difference
- Running up the score is not allowed. Only 5 goal differentials will be used in computing standings. Anything over 5 goals is looked at as excessive. If a team wins by a goal difference of 10 or more goals that team will only receive 2 points in the standings. If the score difference reaches 15 then the violating team will only receive one point in the standings.
- Tournaments are played in this division and will be held during the final week of the season.

- **PLEASE NOTE THAT COACHES ARE TO BE ON THE SIDELINE WITH THE TEAM AND COACHING BEHIND THE GOAL IS NOT PERMITTED.**
- **COACHES ARE EXPECTED TO BE RESPONSIBLE FOR THEIR TEAM'S PARENTS' CONDUCT!**
- **PARENTS MUST BE SEATED OPPOSITE THE FIELD FROM THEIR RESPECTIVE TEAM DURING GAMES.**
- **PARENTS AGREE TO ABIDE BY THE 24-HOUR RULE FOR CONTACTING COACHES AFTER A GAME**

U12 Division CCL - Alliance, Louisville, Minerva, Southeast

- CCL teams are for developmental players looking to learn and improve upon the fundamentals of soccer and their skills.
- A player who plays for another travel/club/competitive team within any club is ineligible to participate on a CCL team.
- Players can only play for 1 team/1 division during the season.
- Games will be played in Alliance, Louisville, Minerva and/or Southeast
- Teams play up to 9 v 9 including the goalkeeper
- The score is kept by the referee during games
- A size 4 soccer ball is used
- Play is (2) two 25-minute halves – (5) a five-minute break at halftime
- All laws including throw-ins and offsides are enforced
- Referees will call all hard body contact and kicking even if unintentional
- No headers are permitted; headers will result in an indirect free kick to the other team
- Regular season: 3 points for a win 1 point for a draw and 0 points for losing team
- Tournaments are played in this division, alternating between locations.
- If a team is short players, both coaches will decide whether to play with fewer players or give the team missing players additional players from the opposite team.
- Subs report to the midline and wait for the ref to call onto the field no subbing on the fly
- No slide tackling will be permitted. An indirect free kick will be awarded to the other team unless in the 18-yard box, then PK will be awarded.
- If the score is at a five-goal difference trailing team will add a player if available. If not available, the winning team will remove a player. This advantage will stop once the score is under 5 goal difference
- Running up the score is not allowed. Only 5 goal differentials will be used in computing standings. Anything over 5 goals is looked at as excessive. If a team wins by a goal difference of 10 or more goals that team will only receive 2 points in the standings. If the score difference reaches 15 then the violating team will only receive one point in the standings.
- Tournaments are played in this division and will be held during the final week of the season.
- **PLEASE NOTE THAT COACHES ARE TO BE ON THE SIDELINE WITH THE TEAM AND COACHING BEHIND THE GOAL IS NOT PERMITTED.**
- **COACHES ARE EXPECTED TO BE RESPONSIBLE FOR THEIR TEAM'S PARENTS' CONDUCT!**
- **PARENTS MUST BE SEATED OPPOSITE THE FIELD FROM THEIR RESPECTIVE TEAM DURING GAMES.**
- **PARENTS AGREE TO ABIDE BY THE 24-HOUR RULE FOR CONTACTING COACHES AFTER A GAME**

U14 Division CCL - Alliance, Louisville, Minerva, Southeast

- CCL teams are for developmental players looking to learn and improve upon the fundamentals of soccer and their skills.
- A player who plays for another travel/club/competitive team within any club is ineligible to participate on a CCL team.
- Players can only play for 1 team/1 division during the season.
- Games will be played in Alliance, Louisville, Minerva and/or Southeast
- Teams play a minimum 8 v 8 including a goalkeeper
- The score is kept by the referee during games
- A size 5 soccer ball is used
- Play is (2) two 30-minute halves – (5) a five-minute break at halftime
- All laws including throw-ins and offsides are enforced
- Referees will call all hard body contact and kicking even if unintentional
- Regular season: 3 points for a win, 1 point for a draw, and 0 points for losing team
- Tournaments are played in this division alternating between locations.
- If a team is short players, both coaches will decide whether to play with fewer players or give the team missing players additional players from the opposite team.
- Subs report to the midline and wait for the ref to call onto the field no subbing on the fly
- No headers are permitted; headers will result in an indirect free kick to the other team
- No slide tackling will be permitted. An indirect free kick will be awarded to the other team unless in the 18-yard box, then PK will be awarded.
- If the score is at a five-goal difference trailing team will add a player if available. If not available, the winning team will remove a player. This advantage will stop once the score is under 5 goal difference
- Running up the score is not allowed. Only 5 goal differentials will be used in computing standings. Anything over 5 goals is looked at as excessive. If a team wins by a goal difference of 10 or more goals that team will only receive 2 points in the standings. If the score difference reaches 15 then the violating team will only receive one point in the standings.
- Tournaments are played in this division and will be held during the final week of the season.
- **PLEASE NOTE THAT COACHES ARE TO BE ON THE SIDELINE WITH THE TEAM AND COACHING BEHIND THE GOAL IS NOT PERMITTED.**
- **COACHES ARE EXPECTED TO BE RESPONSIBLE FOR THEIR TEAM'S PARENTS' CONDUCT!**
- **PARENTS MUST BE SEATED OPPOSITE THE FIELD FROM THEIR RESPECTIVE TEAM DURING GAMES.**
- **PARENTS AGREE TO ABIDE BY THE 24-HOUR RULE FOR CONTACTING COACHES AFTER A GAME**